

Eight-Pointed Star, 3 Star Wallhanging Machine Reverse Appliqué

18" x 12"

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APWQ 2010: 3-Hour workshop

Supply List:

1. **Sewing machine** and basic sewing supplies
2. **Rotary cutter, small cutting mat, and see-thru ruler**
3. New, unused **sewing machine needles** – preferably **Schmetz** brand, size **80 Sharp**
4. **3/8 yard** background fabric – a medium or dark **batik**; fabric should contrast in color and scale of design with the fabrics for the stars.
5. **3/8 yard** backing fabric and thin cotton batting of your choice (I prefer Fairfield's Soft Touch® Cotton, or Hobb's Heirloom® Cotton.)
6. **3 contrasting fabrics for the stars** (minimum size for each piece - 6" x 6")
7. **Fabric for inner border** (minimum amount, 2 strips - 2" x WOF) I like to use a stripe or plaid that complements the star fabrics and contrasts with the background fabric.
8. **Binding fabric** – 1/4 yard – Cut 2 strips – 2" x WOF
9. **¼ inch foot** (#37 Bernina - bring #57 foot also, if you have one)
10. **Open-toe appliqué foot** that fits your machine. **This is essential!**
11. **Small scissors** – small and sharp to trim appliques; I prefer Gingher, knife-edge G-5's.
12. **Threads** – **one spool** (100% cotton or cotton wrapped polyester) that matches your background fabric; **and, one spool** that contrasts with background fabric for blanket stitch and quilting. (I like to use 30-weight rayon thread for the contrasting/quilting stitch.)
13. **Clear, mono-filament quilting thread**
14. **Spray starch** or **spray sizing (liquid starch and trigger spray bottle works great!)**
15. Several **#2 pencils**, and a **pencil sharpener**
16. One **fine point white** and/or **silver marking pencil**
17. **1 – 14" x 18" piece of Paper stabilizer** – Tear-a-way™, Totally Stable™, or Reynolds Freezer Paper

Before class, please heavily starch and press until dry the following fabrics. DO NOT CUT to size until you have starched and pressed each fabric!

- The background fabric (#5 above), cut 13 ½" x 20";
- 3 Star fabrics (#7 above), cut one 6" x 6" square from each;
- Inner border (#8 above) cut 2 strips - 2" x WOF